

2006 WINTER/SPRING SCHEDULE
(January through April)

1/1/2006

MARTIAL ARTS AMERICA - PLAINFIELD
Plainfield Plaza

15412 South Route 59, Plainfield, IL 60544
815/436-1199 www.conversemaa.com

BEGINNER: White, Yellow, Orange
INTERMEDIATE: Green, Blue, Purple
ADVANCED: Red, Sand, Tan, Brown
EXPERT: Black

TINY TIGERS: Ages 5-7
LITTLE DRAGONS: Ages 8-10
JUNIOR: Ages 11-15
ADULTS: Ages 16 & Older

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM		KARDIO KICKBOX Fitness Class		KARDIO KICKBOX Fitness Class		
10:00 AM	Monday mornings are open for special classes or activities TBA, with classes starting at 4:00 PM.		ADULT All Ranks		Office is open for business on Friday afternoon, with classes starting at 4:00 PM	T.T./L.D. / JR. All Ranks
11:00 AM			ADULT All Ranks			ADULT/JUNIOR ADV. All Ranks
Noon						OPEN TRAIN or TBA All Ranks
1:00 PM						OPEN TRAIN or TBA All Ranks
2:00 PM						
3:00 PM						Tai Chi Class Sunday Evenings Mr. Greg Mucci Watch for special classes and activities TBA for Saturdays and Sundays, such as seminars; tournaments; birthday parties; rank advancements or class trips.
4:00 PM	JUNIOR All Ranks	JUNIOR All Ranks	JUNIOR All Ranks	JUNIOR All Ranks	JUNIOR All Ranks	
5:00 PM	LITTLE DRAGONS All Ranks	TINY TIGERS All Ranks	LITTLE DRAGONS All Ranks	TINY TIGERS All Ranks	T.T./L.D. / JR. All Ranks	
6:00 PM	TINY TIGERS All Ranks	LITTLE DRAGONS All Ranks	TINY TIGERS All Ranks	LITTLE DRAGONS All Ranks	Parent/T.T/L.D./JR. All Ranks	
7:00 PM	ARNIS STYLE Adult	ADULT All Ranks	SPECIALIZED Adult / Junior	ADULT All Ranks	ADULT / JUNIOR All Ranks	
8:00 PM	ARNIS STYLE Adult	ADULT All Ranks	SPECIALIZED T. B. A.	ADULT All Ranks	SPECIALIZED T. B. A.	
8:30 PM						
9:00 PM						